CITY OF ALBANY
COMMON COUNCIL
24 EAGLE STREET, ROOM 206
ALBANY, NEW YORK 12207
TELEPHONE (518) 434-5087

* * FOR IMMEDIATE RELEASE * *

April 22, 2020

Dear Neighbor,

The health and welfare of our community is of utmost importance for all members of the Common Council. We wanted to make sure you knew the best way to find the resources available and to reach your Common Council member.

Information on the Common Council is here:

 https://www.albanyny.gov/Government/CityOfficials/CommonCouncil.aspx. This includes contact information for all members, how to access our meetings virtually, and how to share comments. We are here if you need any help.

Here is some helpful information:

-      Who is at risk? The Centers for Disease Control (CDC) says that the following groups are higher at risk: people 65 years and older, people of all ages with underlying medical conditions, particularly if not well controlled, including people with the following issues: chronic lung disease or moderate to severe asthma, serious heart conditions, people who are immunocompromised, diabetes, people with chronic kidney disease undergoing dialysis, people with liver disease

     o   More information is available online here: https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html

-      What are the symptoms? The COVID-19 virus affects different people in different ways. Most infected people will develop mild to moderate symptoms.

     o   Common symptoms: fever, tiredness, dry cough.

- o Some people may experience: aches and pains, nasal congestion, runny nose, sore throat, diarrhea.
  - o On average it takes 5–6 days from when someone is infected with the virus for symptoms to show, however it can take up to 14 days.
  - o More information is available online here: https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html
- If I have symptoms or have been around someone that has COVID19, how can I get a test?
  - o Yes, you have to call ahead for all locations. There are three sites that you are able to walk to and one that you can drive through.
    - ▪ Walk up to sites: In order to get an appointment at any of the following Albany County run sites, please call: (518) 465-4771 and press 0. The information on the days and times the sites below are open may change.
      - • Whitney Young Health Center (920 Lark Drive) daily from 9:00 a.m. to 4:00 p.m.
      - • Capital South Campus Center (20 Warren Street) Monday, Wednesday, Friday, from 12:00 p.m. to 4:00 p.m.
      - • Ezra Prentice Homes (625 South Pearl Street) Tuesday 9:00am to 12:00pm
      - • Bleecker Terrace Apartments (North Manning Boulevard) Thursday from 9:00 a.m. to 12:00 p.m.
    - § Drive up site: In order to get an appointment at this NYS run site, please call: the state's COVID-19 hotline at 888-364-3065
      - · UAlbany parking lot, 1400 Washington Avenue, Colonial Quad parking lot, accessible from main UAlbany entry, off Washington Avenue, Albany, Monday - Sunday, 8 am - 6 pm
- What is the best place to find local information about COVID19?
  - o Albany County Department of Health is the best place to go for local information and assistance. Their COVID19 website is here: https://www.albanycounty.com/departments/health/coronavirus-covid-19
- Where are some resources that I can go to find some added supports?
  - o Albany County has a listing of supports that people may need right now, including access to groceries, transportation, mental health supports and many other items: https://www.albanycounty.com/departments/health/coronavirus-covid-19/support-for-vulnerable-populations
  - o The City of Albany also has a comprehensive listing of services available: https://www.albanyny.gov/Government/MayorsOffice/COVID19ResourceGuide.aspx

The healthy and safety of everyone that lives in Albany is so important to each member of the council. We want to help you in any way we can and look forward to a time when we can see everyone in person safely.