

Council Member Frederick introduced the following:

Resolution 124.111.24R (MC)

A RESOLUTION OF THE COMMON COUNCIL IN RECOGNITION OF THE CAPITAL REGION BLACK HEALTH & WELLNESS EXHIBITION HOSTED BY VICTORIA FITNESS

WHEREAS, on Saturday, November 16, 2024, the first Capital Region Black Health & Wellness Exhibition will be hosted at the Albany Capital Center at 55 Eagle St. Albany, NY; and

WHEREAS, Victoria Fitness will be hosting the Exhibition; a prominent physical fitness center in the Capital Region, founded in by Terron Victoria in 2022; and

WHEREAS, the Exhibition will feature fitness classes, diverse vendors, and motivational guest speakers that will look to educate and inform over 250 individuals about health, fitness, and wellness; and

WHEREAS, the Exhibition will support black, indigenous, and people of color (BIPOC) led businesses from the Capital Region and establish Victoria Fitness as a pioneering force in health and wellness conventions; and

WHEREAS, the mission of the Exhibition is to spread knowledge to the community on how mental health and physical health are connected and why it is important to maintain healthy habits in order to live a healthier lifestyle; and

WHEREAS, Victoria Fitness is a motivating force in our community, serving over 150 clients including approximately 45 youth. Trainers Terron Victoria, Carl Morris, Tyler Victoria, Samantha Munn, Jaylin Holland, Rhonda Carter, Tanika Hay, and Kirsten Hernandez are dedicated to fostering a welcoming physical fitness environment where clients can work towards becoming the best versions of themselves;

NOW THEREFORE BE IT RESOLVED, that the Albany Common Council recognizes Victoria Fitness for hosting this diverse and motivating Exhibition in the City of Albany; and

BE IT FURTHER RESOLVED, that the Albany Common Council recognizes the great contributions Victoria Fitness has made on our community, including our City's youth.

To: **Shaniqua Jackson, City Clerk**
From: **Bryan Jimenez, Legislative Director**
Re: **Supporting Memorandum**
Date: **November 4, 2024**
Sponsor: **Council Member Frederick**

RESOLUTION 124.111.24R (MC)

TITLE

A RESOLUTION OF THE COMMON COUNCIL IN RECOGNITION OF THE CAPITAL REGION BLACK HEALTH & WELLNESS EXHIBITION HOSTED BY VICTORIA FITNESS

GENERAL PURPOSE OF LEGISLATION

To recognize a community organization and the work they perform to develop stronger and healthier members of society.

FISCAL IMPACT

None.