Tandra's Bio

Tandra LaGrone is executive director at In Our Own Voices, the Capital District nonprofit working to ensure the physical, mental, spiritual, political, cultural and economic survival and growth of the lesbian, gay, bisexual and transgender people of color communities. She considers herself an activist, organizer and cultural critic.

Tandra previously was director of Girls Incorporated of the Greater Capital Region, One of the country's largest organizations for girl's rights. She is an advocated for HIV/AIDS treatment in the African American community, especially for women and young black men. The Albany native has worked as a domestic violence, youth, and LGBT advocate for over 30 years.

Tandra has a bachelor's degree in Fine Arts from the University of New Paltz. She has given presentations, as well as led panel discussions and workshops during a variety of activist and academic conferences and events on Lesbian, Gay, Bi-sexual, and Transgender (LGBT) issues with a particular focus on the people of color community (POC).